

USAID/CSDS Report

Report for the period **September 1st to September 30th 2009**

Subproject FCO Number 07-00100-10-02:

Title

Training and Counseling on HIV/AIDS and Domestic Violence Project

Implementing Agency:

Help & Shelter

Report preparer:

Margaret Kertzious

Date of report:

7th October 2009

This report is submitted in partial fulfillment of USAID requirements

Narrative Report Format

Report for the period September 1st to September 30th 2009

Subproject FCO Number FCO Number 07-00100-10-02: Title (as stated in agreement)

Training and Counseling on HIV/AIDS and Domestic Violence Project

I. CURRENT STATUS and PROGRESS

During the month of September the organization received funds as was prepared on the cash flow register to implement the planned activities as stated on the work-plan tool.

Planned Activities

Planned activities continue to included:

- **Behaviour Change Communication through one on one community outreach**
 - Face to face counseling
 - Client Questionnaire Analysis (Feedback from clients using the client's questionnaire forms)
 - Referrals
 - Hotline counseling
 - Court support and counseling (in school youth)

- **A & B prevention program**
 - ISY-Prevention A – the conduct of abstinence messages to youths in 3 secondary schools in Region 4

 - OSY – Prevention A & B – the conduct of abstinence and be faithful messages to out of school youths from groups in the communities.

- **Distribution of BCC materials and Condoms to walk-ins.**

- **Project Management**

1 Prevention

1.1 Community Outreach

Face to face counseling

This activity was conducted by two full time counselors and two part time counselors at our office situated on Homestretch Avenue, Durban Park, Georgetown.

The delivery of HIV prevention and appropriate BCC messages were done on a one-to-one basis with clients. The total numbers of persons newly reached through one-off outreach intervention with the following messages were;

- Messages that promote Abstinence only (A) was **3** male and **8** female- **clients**
- Messages that promote faithfulness only (B) was **1** male and **18** female- a total of **19** clients
- Messages that promote both Abstinence and Faithfulness (A&B) was **0** male **2** female
- Messages that promote behavior change beyond abstinence & faithfulness (partner reduction, condom use, HIV Testing) was **10** male and **36** female- a total of **46** clients

The number of persons previously reached through community outreach one-off outreach intervention using appropriate prevention messages was as follows;

- Messages that promote Abstinence only (A) was **9** female
- Messages that promote faithfulness only (B) was **5** female
- Messages that promote behavior change beyond Abstinence and Faithfulness (partner reduction, condom use, HIV testing etc) were **14** male and **11** female a total of **25** clients

An overall clientele data shows the clients who had accessed the services of Help & Shelter during the month of September 2009 under the following categories were;

- New clients – 59
- Repeat clients – 60
- Hotline – 36
- Court support - 23 attendances
- Client referrals – 45
- Non-client referrals - 13

CLIENT QUESTIONNAIRE ANALYSIS

A total of 40 Client Questionnaires were completed and returned for the month of September 2009 and are as follows;

1. Rating of Counselling Sessions

- 30 clients or 75% rated counseling sessions as Very Good
- 7 clients or 18% rated counselling sessions as Good
- 3 clients or 7% rated counselling as Fair

2. Interest in Returning for Follow up Sessions

- 40 clients or 100% said they would return for follow up sessions

3. Through What Means Did Clients Hear About Services of H&S

- Radio- 3 (7%)
- TV – 26 (65%)
- Leaflet- Nil
- Newspaper- Nil
- Probation Services- Nil
- Other – 11 (28%)
- Radio & TV- Nil

4. HIV Information Received

- 38 clients or 95% said they had received HIV information
- 1 client or 2% said they did not receive HIV information
- 1 client or 2% did not respond

REFERRALS

5. 6 referrals were made during the month

Location	Service	Gender	
		M	F
Dorothy Bailey Health Centre	C&T	2	4
		2	4

Hotline counseling

For the month of September 2009 the hotline service was activated during the evenings and weekends to the 2 hotline counselors responsibly for this activity. 36 hotline forms were submitted during the period.

Court Support and Counseling (in school youth)

The two court support counselors have attended the courts in Region 4 and these include Providence on the East Bank, Mahaica, Cove & John, Vigilance, Sparaandam, on the East Coast and courts 1, 2, 5 and 6 in Georgetown. For the month of September 2009 the counselors attended courts on twenty-three (23) occasions with clients who are mostly children and who have been sexually molested, rape or other-wise abused. Moral support is also given to women who have applied for protection orders under the Domestic Violence Act. Help & Shelter continue to have in place a legal consultant who would assist in the application of this activity and also referrals were made to the Georgetown Legal Aid Clinic.

1.2 A & B Prevention Program

ISY Program

Soesdyke Community High School

As recorded on the Multi-session Prevention Program Register the number of sessions conducted was 5 with 20 males and 33 females at the start on May 25th 2009 to the 2nd July 2009.

Topics presented were;

- a) Self Esteem – 25th May 09
 - b) Values – 27th May 09
 - c) Health – 29th May 09
 - d) Looking at my life past and future -1st July 09
 - e) STI's, HIV/AIDS Education – 2nd July 09
- No parenting session was conducted at this school.

Cummings Lodge Secondary School

Six sessions were conducted at this school with a start of 12 males and 24 females who were present on the 15th January 2009. The last session was conducted on the 12th June 2009.

Stewartville Secondary School

The program started on the 23rd April with 10 males and 47 females students from forms 3 in attendance. The topic areas from the module were;

- a) Self Esteem – 23rd April 09
- b) Values – 30th April 09
- c) Goal Setting – 7th May 09
- d) Decision Making and Building Healthy Relationships – 8th May 09
- e) 3 C's to Good Decision – 14th May 09
- f) Sexuality -21st May 09
- g) Health -28th May 09
- h) HIV/AIDS and STI's Education – 15th June 09
- i) Abstinence and Refusal Skills – 1st July 09
- j) Fruits and Sexual Abstinence - 2nd July 09
- k) Parental Session – 9th July 09

St John's College

The program started on the 24th of October 2008 and ended on 13th March 2009 with 21 male and 26 female students from forms 3. The total number of students reached were 3 male and 9 female students.

Kingston Community High School

The program started on the 17th of October 2008 and ended on the 20th of February 2009 with 8 male and 11 female students from forms 3 in attendance. A total of 7 male and 10 female students were reached.

OSY Program

Kuru Kururu Youth Group

Six sessions were conducted with the group that started on 20th May 2009 and finished on 15th July 2009. In attendance at the start were 3 males and 9 females with 1 male and 2 females completing the program and the topics presented were –How well do I know myself? and Johari window to the Self. The sessions with the second group started on 22nd July 2009 with 7 male and 29 female in attendance and ended on the 2nd September 2009 with 1 male and 7 female in attendance-with only 5 female who were reached.

Soesdyke Craft Centre:

Five sessions that started on the 4th of March 2009 with 13 female in attendance have been completed with this group.

Challenges

The experience of facilitating Prevention Messages for OSY's and ISY's has been challenging yet rewarding. The mobilizing process was difficult in terms of the attendance record –getting the students to attend all the sessions was impossible since most of the students themselves were experiencing some difficulty in the homes. Some of these cases were referred to the Crisis Service Centre for intervention and this included parents and students.

1.3 Distribution of BCC materials and Condoms to walk – ins.

The distribution of materials through Prevention Outreach activities are;

Number of male condoms - 121

Number of female condoms – 10

1.4 Project Management

The objective of this activity is to provide quality leadership and management systems and provide resources to effectively implement proposed activities within Help & Shelter.

Planning meetings are normally held every fortnight on Tuesdays and director's meetings are held on the third Thursday of each month, Volunteers meeting on the second Saturday of each month and supervisory counselors meetings are held on the first Wednesday of each month. During the supervisors counselors meeting educational information are presented or discussions on a particular topic area are conducted for the benefit of the meetings. The project coordinator would also present up-dated information on the project during such time.

Positive or negative variances by activity as stated on the Expenditure Variance Report [EVS] as at September 30 2009:

ACTIVITY	VARIANCES +[-]	JUSTIFICATIONS	COORDINATOR'S COMMENT
Hotline Counseling	\$(159,275)	Hotline Training	Stipend for hotline counselor
Face – To – Face Counseling	\$ 71,852	Photo. Leaflets, forms etc.	Spending within budget.
In- School Counselling	\$ (640)	Photo. Of forms	Overspent on Photo forms.
ISY - Cummings lodge	\$18,705	Stationery, photo, transportation	Spending favorably within budget.
ISY – ST. John's College change to Stewartville	\$(6,150)	Transportation	Sessions completed with students in Stewartville Sec. sch.

ISY – Kingston Community High change to Soesdyke C/H	\$2,220	Transportation	Sessions with Soesdyke High school.
OSY- Grove Craft Centre	\$(3,560)	Photo. Leaflets , Stationery & transportation	Overspend on photo. Leaflets due to additional sessions conducted for OSYs.
OSY- West Ruimveldt Change to Kuru- Kuru	\$32,420	Transportation	Additional sessions held for the month.
OSY- Meadow Brook change to Soesdyke Craft Centre	\$43,260	Transportation	Transportation cost increase.
Office Expense	\$63,226	Electricity , Telephone, Internet, etc	Utilities Expense was not fully utilize .

II. CONSTRAINTS

The major constraint the project experienced is under the ISY & OSY program in terms of the target number to be reached, which has been due to the inconsistent attendance by the participants.

III. SUBSEQUENT PERIOD WORKPLAN

The subproject came to an end on 30 September 2009.