

# GUYANA ANNUAL WORK PLAN REPORTING FORMAT 2008

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| <b>Reporting Period</b>                     | January to December, 2008 |
|                                             |                           |
| <b>Implementing Agency</b>                  | Help and Shelter          |
|                                             |                           |
| <b>Project Coordinator</b>                  | Parbattie Ranglall        |
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| <b>Report Prepared by</b>                   | Parbattie Ranglall        |
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| <b>UNFPA Guyana<br/>Responsible Officer</b> | Patrice La Fleur          |

## 1. PROGRAMME RESULTS

### 1.1 PROGRESS:

*Describe briefly your assessment of progress made by your organization in achieving Outputs expected for the year:*

The Project was successfully implemented at the beginning of the year. A KAP survey was conducted in the communities of Hague Front and Hague Back. Informing the relevant agencies and Regional officials, launching of the project, appointing community mobilizers, setting up steering committees, acquiring the use of school buildings for project activities and purchasing of equipment for the Project was done.

Community coordinators and steering committee members were sensitized in various topics: Self, Gender, Domestic Violence- Types, Web of Abuse, Entrapment and the Domestic Violence Act.

A Profile of the Hague Community was done.

Awareness sessions were conducted at different locations. Some topics discussed at these sessions are: Self: Who am I? Self esteem, Self – confidence, Gender, GBV, Domestic Violence, Healthy Relationships, Child Abuse, Assertiveness & Refusal Skills, Role Models, Healthy Lifestyles etc

The workshops, fun day, health fair and Edutainment session assisted residents to feel more comfortable to participate in project activities.

In August, 2008 a new Project coordinator was appointed, the project expanded to the community of Zeelugt, another community mobilizer was appointed for the community of Zeelugt.

A counselling outstation of Help and Shelter was set up in Zeelugt to counsel victims of domestic violence and child abuse.

Capacity building workshops were also held for teachers on domestic violence and child abuse prevention, for community women on parenting and counselling skills and for youth on a number of issues. (see details in report)

Community Mapping was done for the Communities of Hague Back and Zeelugt.

Quarterly review meetings were held with UNFPA liaison Officer Ms. Patrice La Fleur, Management Committee, and Project Coordinators to discuss matters relating to the Project.

Monthly management committee meetings and community based meetings were conducted to discuss matters relates to project activities.

*List specific achievements of this project:*

KAP survey to determine the situation of GBV in the community on Hague was administered, analysed, documented and is being used to plan relevant activities for reduction of GBV

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| <b>Thirty (30) women are now empowered with a skills in floral arranging &amp; pastry making</b>                                                                                                                                                                                                                                                                               |
| <b>Eighty five (85) women are now educated on Parenting Skills</b>                                                                                                                                                                                                                                                                                                             |
| <b>Seven women (7) were trained in basic counselling skills as a means of assisting others in their communities to prevent &amp; find solutions to problems of GBV, child abuse, relationship/marital problems etc</b>                                                                                                                                                         |
| <b>Thirty eight (38) youth development and awareness sessions were conducted for the year. A total of 276 youth (87 males and 187 females) participated in these sessions</b>                                                                                                                                                                                                  |
| <b>Nine (9) Gender Awareness Sessions were conducted for the year, a total of 133 (7 males and 126 females) participated</b>                                                                                                                                                                                                                                                   |
| <b>A counselling service was opened in August, 2008 at Zeelugt one day per week. A total of 28 persons were counselled (5 males and 23 females)</b>                                                                                                                                                                                                                            |
| <b>Five (5) teachers were educated on Domestic Violence and child abuse: its effects on members of society and how to assist vulnerable children in the schools and communities.</b>                                                                                                                                                                                           |
| <b>Project collaborated with the MOH to host a Health Fair in the community of Hague. A total of 130 persons benefited from 8 health booths set up at Hague Primary School- Diabetes, hypertension, filarial and HIV testing was made available as was dental care services, food &amp; nutrition information and an edutainment done for youth on alcohol and drug abuse.</b> |
| <b>3 1 day youth workshops were held to empower and sensitize youth on issues of gender, GBV, healthy relationships, creative skills were also taught such as tie-dyeing and weaving</b>                                                                                                                                                                                       |
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## 1.2 FACILITATING FACTORS AND CONSTRAINTS:

| <i>List those factors that helped progress in relation to this specific project</i>                                                                                                                     | <i>List those factors that hindered progress in relation to this specific project</i>                                                                                                                                                                                                                                                                                     |
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| Hard work and commitment on the part of the entire project team to carry through with unplanned but needed activities sometimes voluntarily                                                             | Due to the geographical division in the community of Hague it was necessary to divide project activities between Hague Front & Hague Back as there is about a 3 mile distances between houses in these 2 sections. This meant having to organize similar activities in 2 different locations. This also increased the cost but slowed the pace somewhat of implementation |
| Finding creative ways to reach and engage the community at different levels and using different strategies                                                                                              | A certain degree of suspicion on the part of the community about the project                                                                                                                                                                                                                                                                                              |
| Availability of transportation in and out of communities, accessibility by roads, school buildings accommodation, cooperation from head mistresses, donations from members of the community, volunteers | The circulation of incorrect information in the community as it relates to the project                                                                                                                                                                                                                                                                                    |
| Result from the KAP survey gave a good picture of the situation of GBV within the                                                                                                                       | The lack of male participation                                                                                                                                                                                                                                                                                                                                            |

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| <b>Hague community</b>                                                                                                                                              |                                                                                                                                                                                           |
| <b>Involvement of community and religious leaders</b>                                                                                                               | <b>Religious community has been reluctant to become involved in project activities or lend active support to the project</b>                                                              |
| <b>Blending activities such as Awareness sessions with fun day or Edutainment session</b>                                                                           | <b>Illiteracy among adults needs to be addressed</b>                                                                                                                                      |
| <b>Rotating of the locations for different activities</b>                                                                                                           | <b>Funding has at times been inadequate for expanding activities in communities</b>                                                                                                       |
| <b>Health fair and community Outreach activities helped to reach many residents with free health services. There is no health centre in the community of Hague.</b> | <b>Permission sometimes needed from husbands &amp; partners for women to participate in sessions</b>                                                                                      |
| <b>Forging of friendships and sharing experiences has strengthened participation and facilitation</b>                                                               | <b>It has been easier to organise and implement project activities in Hague Back then Hague Front as the community at Hague Back tends to be closer and more supportive of each other</b> |
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### 1.3 COLLABORATION:

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| <i>Identify those organizations that you collaborated with on this project</i> | <i>Describe briefly the nature of this collaboration</i>                                                                                                                                                                                                                                                                                                                 |
| <b>Red Thread, Women's Development Programme</b>                               | <b>Members of this NGO assisted in conducting KAP survey interviews in Hague</b>                                                                                                                                                                                                                                                                                         |
| <b>Varqua Foundation-Youth Can Move the World Workshop</b>                     | <b>A few members of the Hague Front youth group participated in this workshop. Awareness on issues of DV, child abuse, teenage pregnancy, alcohol &amp; drug abuse, the environment etc as well as art &amp; drama creative activities were taught. The youth who attended the session also got the opportunity to meet and interact with other youth from Region 3.</b> |
| <b>Guyana Responsible Parenthood Association (GRPA)</b>                        | <b>Assisted in one outreach activity with distribution of HIV/AIDS prevention leaflets, condoms and dissemination of SRH information on SRH to residents of Hague</b>                                                                                                                                                                                                    |
| <b>Ministry of Health</b>                                                      | <b>The Ministry of Health conducted a 1 day Health Fair in the Hague Back Community which benefited over 200 residents of Hague</b>                                                                                                                                                                                                                                      |

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|                                                                     | and surrounding communities with health services such as diabetes, hypertensive and HIV testing & prevention, dental care services, information on food & nutrition and balanced diet, tips on health lifestyles, SRH. Help & Shelter provided information and counselling on domestic violence & child abuse |
| <b>The Neighbourhood Democratic Council (Local Government Body)</b> | A working relationship was established as well as support for work executed at the community level                                                                                                                                                                                                            |
| <b>The Guyana Police Force Regional Commanders Office Reg. #3</b>   | Informing the Commander of the nature of work being done at the community level, especially in the area of counselling at Zeelugt. Seeking assistance if there is need for immediate police action or referrals in cases of domestic violence or child abuse.                                                 |
| <b>The Hindu Community at Hague Back and Hague Front.</b>           | Informing the Hindu Community about the project and enlisting their support for project activities. Efforts at collaboration so far have been limited                                                                                                                                                         |
| <b>The Christian and Muslim Community at Zeelugt</b>                | Informing the Christian and Muslim community about the project and enlisting their support for project activities. Support so far has also been somewhat limited                                                                                                                                              |
| <b>The Social Service Dept. West Dem. Regional Hospital</b>         | Networking with the social worker to help vulnerable persons access counselling at the Help and Shelter Outstation at Zeelugt                                                                                                                                                                                 |

#### 1.4 LESSONS LEARNED:

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| <i>List any lessons learned through implementation of this project:</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Community mobilizing requires patience and consistency</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>Importance of finding relevant &amp; appropriate strategies &amp; activities to gain the trust and support of community residents</b>                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Project activities implemented increased the self confidence of participants and women also benefited from skills training and capacity building. Friendships were forged and experiences shared among project participants and project team members.</b>                                                                                                                                                                                                                                                                                                      |
| <b>Many persons who are experiencing Domestic Violence are not willing to talk about it openly. However the results of the KAP survey indicated that there exists high levels of verbal abuse among women (56%-70%) and men (45%), high levels of physical abuse (47%-50%) among women and relatively high levels of emotional abuse among women (23%-45%) and among men (27%).<br/>Effects of domestic violence on women showed that 48% experienced depression, 19% experienced suicidal thoughts and 40% suffered physical injuries. The majority of women</b> |

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| <p>who experienced some form of physical or emotional trauma 69% however did not seek medical services or help. In some cases they said they could not afford this or seeking outside assistance would bring shame or put them at risk for further violence.</p> <p>The majority of women and men experiencing domestic violence first opted to disclose personal experiences of this to family members and mainly female family members. Survivors also reported to police or told religious leaders or neighbours.</p> <p>The #1 reason given by women for their husband/partner violent behaviour was excessive alcohol consumption, other reasons identified were anger, financial problems &amp; extra marital affairs.</p> <p>Both women 93% and men 82% were of the view that DV was unacceptable and both men and women were willing to assist persons at risk. However 82% of men and 40% of women thought that women were to blame for the violence they experienced.</p> <p>57% of women and 45% of men had witnessed DV as children. This shows that the cycle of domestic violence continues and is being passed on from parent to child in this community.</p> |
| <p>It is very difficult to attract men to Gender Awareness Sessions, since they feel the Project is there to help women and children.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <p>The easiest and most responsive group to work with has been youth in both communities</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p>Literacy among women is a problem in both the communities of Hague &amp; Zeelugt. As such awareness sessions &amp; workshops have had to take this into account in delivery of training and awareness sessions</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <p>Given the training, tools and confidence women demonstrated the ability to take on the role of community trainers and facilitators</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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## 2. CAPACITY DEVELOPMENT RESULTS

### 2.1 CAPACITY DEVELOPMENT:

| <i>Identify capacity development initiatives including training activities that your organization participated in</i> | <i>Describe briefly how these assisted in improving your project implementation and overall results of the project</i>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| Skills training for livelihood development                                                                            | <p>1. Fifteen (15) women from Zeelugt were trained in pastry making, as a means of improving livelihoods skills through income generating training activities.</p> <p>2. Fifteen (15) women from Hague Back were trained in floral arrangements as a means of improving livelihoods through income generation and skill training activities</p> <p>Poverty and lack of skills even though not a cause of domestic violence can be a risk factor and one of the reason for entrapment in domestic violence situations for many women in Guyana. By acquiring skills women at risk</p> |

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|                                                                    | of GBV stand a better chance of increased financial independence.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| Capacity Building- Parenting Workshop                              | 1. Eight (8) women from Hague & Zeelugt benefited from a 4 day capacity building Parenting Workshop This workshop not only taught parenting skills but also aimed to develop the skills of participants to train other women and men in their communities in aspects of parenting. As a result a further sixty seven (67) other women at the community level benefited from similar parenting sessions facilitated by the original 8 women trained. Parenting and the lack of parenting skills and knowledge has proved to be a major contributing factor for all forms of child abuse and child neglect in Guyana. As such equipping women with such skills has enhanced parent child relationships, increased trust and communication between parents and their children, developed alternative non-abusive ways of disciplining children.                                                |
| Introduction to Counselling Workshop                               | 2. Seven (7) women mostly from Zeelugt benefited from a 3 ½ day Introduction to Counselling Workshop. The workshop exposed women to issues of GBV including child abuse, taught basic counselling skills, safety tips for potential victims of GBV and available referral services. As a result women trained will be able to listen to problems at the community level and be able to advice or refer to relevant services for assistance<br>Seven women were trained as semi/lay counsellors to assist vulnerable persons in their community; to access professional services or empower persons at risk of GBV to change their situations.<br>KAP survey indicated that many survivors of GBV very often opted to deal with their problems within family or community circles. As such a community based lay counsellors would play an important role in assisting such persons at risk. |
| Domestic Violence and Child Abuse Prevention Workshop for Teachers | 4. Nursery & Primary school teachers in Hague benefited from a 2 day workshop on domestic violence and child abuse. This workshop aimed to enhance the capacity of teachers to identify and better deal with issues of child abuse in their schools and to                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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|                                                                                                                                        | understand the effects of domestic violence on children. At the end of the workshop the teachers felt that their knowledge of child abuse and domestic violence had improved as well as their skills in identifying behaviours associated with child abuse among their students. A system of how to deal with cases of child abuse among students was one of the outputs of the workshop. |
| <b>Youth Workshop on Gender, Child Abuse, Assertiveness &amp; Refusal Skills, Sexuality, healthy Relationships &amp; Alcohol Abuse</b> | This workshop was held with a total of twenty six (26) adolescents from Hague. The sessions were very interactive and educational for participants. Out of this workshop weekly youth development sessions were held for youth in Hague Back                                                                                                                                              |
| <b>Domestic Violence Awareness Sessions</b>                                                                                            | Participants will use their knowledge gained to improve self esteem and help to reduce domestic violence at the community level                                                                                                                                                                                                                                                           |
| <b>Gender Awareness Sessions</b>                                                                                                       | Participants are more informed about their rights and responsibilities as it relates to gender.                                                                                                                                                                                                                                                                                           |
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## 2.2 TECHNICAL SUPPORT:

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| <i>Identify any technical support provided to your organization</i>                                 | <i>Describe briefly how these impacted on project implementation and overall results</i>                                 |
| <b>Technical support was provided by Red Thread for the successful completion of the KAP survey</b> | Volunteers were trained to administer the questionnaire for the KAP survey and the compilation of the data.              |
| <b>The Ministry of Health - Hague Health Fair</b>                                                   | Volunteers medical personnel, tested and diagnosed medical conditions including testing for diabetics, hypertension etc. |

## 2.3 PROGRAMME MANAGEMENT AND COORDINATION:

***Describe briefly your assessment of the overall management and coordination of project activities:***

The overall management of the project and coordination of project activities was successful even though challenging at times. Mid way through 2008 a new project coordinator was employed as our previous coordinator was into her final year at UG and was finding it very difficult to devote the amount of time needed for the job. Luckily we found a capable and suitable replacement resulting in a seamless transition. Management and coordination of the project have continued to benefit from monthly evaluation and planning meetings by the project team made up of project coordinator, management team, community coordinators, financial officer and counsellor. Activities are planned on a quarterly basis, and community coordinators and facilitators work in close cooperation with the management committee. Major challenges to the management and overall coordination of project activities have been:

- The setting up and sustainability of properly functioning community based steering committees. Progress has been slow and at times frustrating as persons seem reluctant to take on this task.
- Effort to penetrate the religious community have proved difficult as there seems to be some suspicion on the part of some religious groups about getting involved with the project. However recently there has been some promising development in this regards. New strategies should be devised with a view to address domestic violence within the religious communities.
- Identifying male facilitators for targeting and reaching men. Finding effective strategies to reach men could result in a significant amount of male benefiting from the project.
- Adequate funding for building capacity within our target communities for sustainability of the project.

### 3. FUTURE WORK PLAN

#### 3.1 WORK PLAN FOR NEXT YEAR:

*List areas and/ or activities that your organization would like to implement with UNFPA's support for the next year.*

**Youth Development Sessions in communities of Hague (2 groups, 6 sessions per month) & Zeelugt (2 groups, 4 sessions per month)**

**Gender Awareness Sessions to benefit 45 women in communities of Hague & Zeelugt**

**Awareness Programme for Nursery & Primary students ages 5-9 yrs and teachers on prevention of child abuse in Hague & Zeelugt ( 2 Primary and 3 Nursery Schools)**

**Skills Training in income generating skills for 30 women in communities of Hague ( 4) & Zeelugt (4)**

**Community Counselling Services to address GBV & other social problems (once per week, target 60 clients) at Zeelugt**

**Capacity building/skills training workshop for:**

|                                                                                                                                                           |
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| <b>(i) Teachers &amp; community leaders in Hague in Basic Counselling Skills &amp; GBV Prevention (10 persons)</b>                                        |
| <b>(ii) Project Staff, Steering Committees and Community Mobilizers. (20 persons)</b>                                                                     |
| <b>(iii) Peer educator training workshops for community members &amp; community mobilizers (25 persons)</b>                                               |
| <b>(iv) Parenting Training for women &amp; men in communities of Hague &amp; Zeelugt (35 persons)</b>                                                     |
| <b>Conduct a Needs Assessment/KAP survey on situation of GBV in Zeelugt</b>                                                                               |
| <b>Collaborate with GRPA to conduct mobile Health clinics in SRH and General Health Services in communities of Hague &amp; Zeelugt (once per quarter)</b> |
| <b>Implement a special program for men at Hague &amp; Zeelugt to address the issue of alcohol abuse &amp; GBV</b>                                         |

## 4. FINANCIAL IMPLEMENTATION

### 4.1 Complete financial table:

See Attachments

## 5. SUMMARY DATA

### 5.1 Complete Summary data:

| EXPECTED OUTPUT                                                  |                          |                                                                  |                                                                                          |
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| PLANNED ACTIVITIES                                               | STATUS OF IMPLEMENTATION | ACTIVITY INDICATORS &/ TARGET                                    | ACHIEVEMENTS (NUMBERS REACHED/ SERVED)                                                   |
| Conduct KAP Survey                                               | Implemented              | KAP survey to determine GBV in Hague                             | Completed 42 individual respondents from Hague interviewed, analysis done and documented |
| Youth Development Sessions                                       | Implemented              | Facilitate weekly awareness sessions on GBV and SRH              | 274 (87 males and 187 females)                                                           |
| Capacity Building-Parenting Workshop                             | implemented              | 10 women from Hague & Zeelugt trained                            | 8 women trained to deliver training in parenting skills in their communities             |
| Capacity Building- Teacher Training Workshop on DV & Child Abuse | implemented              | Nursery & Primary School Teachers trained                        | 5 Teachers trained                                                                       |
| Skills Training                                                  | 50% implemented          | 30 women trained in pastry making, floral arrangements & cooking | Thirty (30) women trained in pastry making, floral arrangements                          |

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| <b>Gender Awareness Sessions<br/>Domestic Violence Sessions</b> | Implemented       | Facilitate weekly awareness sessions on GBV and SRH                                                      | 133 (7 males and 126 females)<br>88 women and 60 youths |
| <b>Counselling</b>                                              | implemented       | 1 day per month counselling services available in community of Zeelugt                                   | 28 (5 males and 23 females) counselled                  |
| <b>Establish Steering Committees</b>                            | Being implemented | Establish steering committees in Hague & Zeelugt of key stakeholders for the oversight of the project    | One Steering Committee set up at Hague Back             |
| <b>Community Mobilization</b>                                   | Implemented       | Attendance at awareness, skills training and capacity building sessions, steering committee meetings etc | Attendance achieved at sessions                         |