

**HELP & SHELTER**  
**UNIFEM GBV PROJECT M&E REPORT – NOVEMBER 2009**

| School                | Region | Topic                                     | Date                      | # of Persons |            | Age   | Time    | Pub Ed Officer |
|-----------------------|--------|---|---------------------------|--------------|------------|-------|---------|----------------|
|                       |        |   |                           | F            | M          |       |         |                |
| Leguan Sec.           | 3      | Drug Abuse                                | 3 <sup>rd</sup> November  | 13           | 10         | 13-18 | 1 ½ hrs | Karen G.       |
|                       |        |   | 11 <sup>th</sup> November | 15           | 6          | 13-18 | 1 ¼ hrs | Karen G.       |
|                       |        | Drug Abuse                                | 13 <sup>th</sup> November | 13           | 10         | 13-18 | 1 ½ hrs | Kevin M.       |
|                       |        | Suicide                                   | 10 <sup>th</sup> November | 24           | 18         | 13-18 | 1 ½ hrs | Kevin M.       |
| Covent Garden Sec.    | 4      | TIP                                       | 11 <sup>th</sup> November | 10           | 4          | 13-18 | 40 min. | J.O & G.P.     |
|                       |        | Alcohol                                   | 18 <sup>th</sup> November | 26           | 5          | 13-18 | 45 min  | “ “            |
|                       |        | Teenage Pregnancy & Effects on Teen Males | 26 <sup>th</sup> November |              | 5          | 13-18 | 50 min  | “ “            |
|                       |        | Teenage Pregnancy                         | 26 <sup>th</sup> November | 28           |            | 13-18 | 1 hr    | “ “            |
|                       |        | Healthy Relationships                     | 2 <sup>nd</sup> December  |              | 5          | 13-18 | 35 min  | “ “            |
| Houston CHS           | 4      | TIP                                       | 9 <sup>th</sup> November  | 80           | 75         | 12-18 | 30 min  | J.O. & G.P.    |
|                       |        | Alcohol                                   | 16 <sup>th</sup> November | 49           | 27         | 12-18 | 30 min  | J.O. & G.P.    |
|                       |        | Teenage Pregnancy & Effects on Male Teens | 23 <sup>rd</sup> November |              | 29         | 14-18 | 45 min  | J.O. & G.P.    |
|                       |        | Teenage Pregnancy                         | 23 <sup>rd</sup> November | 28           |            | 13-18 | 30 min  | J.O.           |
|                       |        | Healthy Relationships                     | 30 <sup>th</sup> November | 15           | 25         | 14-18 | 45 min  | J.O. & G.P.    |
|                       |        | Self                                      | 7 <sup>th</sup> December  |              | 20         | 14-16 | 55 min  | “ “            |
| South Ruimveldt Sec.  | 4      | TIP                                       | 13 <sup>th</sup> November | 65           | 50         | 13-18 | 45 min  | J.O. & G. P.   |
|                       |        | Alcohol                                   | 20 <sup>th</sup> November | 32           | 11         | 13-18 | 45 min  | “ “            |
| School of the Nations | 4      | Child Abuse, DV                           | 14 <sup>th</sup> December | 18           | 8          | 13-18 | 4 hrs   | Kevin M.       |
| <b>TOTAL</b>          |        |   |                           | <b>416</b>   | <b>308</b> |       |         |                |

**Schools**

During this month a total of 17 awareness sessions on TIP, alcohol abuse, teenage pregnancy, suicide, healthy relationships and TIP were held with students at 4 secondary schools and 1 community high school. A total of 724 students, 416 females and 308 males benefited from these sessions which lasted from 30 minutes to 4 hrs.

## EVALUATION OF AWARENESS SESSIONS AT SCHOOLS

| NGO/Agency   | Evaluation                           | Excellent                | Very Good                | Good                    | Fair | No Response              |
|--|--------------------------------------|--------------------------|--------------------------|-------------------------|------|--------------------------|
| South Ruimveldt Sec, Houston CHS, Covent Garden Sec, Leguan Sec, School of the Nations | How would you rate participation?    | X<br>3 sessions<br>(25%) | X<br>5 sessions<br>(42%) | X<br>2 session<br>(16%) |      | X<br>2 session<br>(16%)  |
|  | Participants understanding of topics | X<br>2 sessions<br>(16%) | X<br>8 sessions<br>(67%) | X<br>2 session<br>(16%) |      |                          |
|  | Facilitation of sessions             | X<br>1 session<br>(8%)   | X<br>4 sessions<br>(33%) | X<br>3 session<br>(25%) |      | X<br>4 sessions<br>(33%) |
|  | Rating of overall sessions           | X<br>3 sessions<br>(25%) | X<br>4 sessions<br>(33%) | X<br>3 session<br>(25%) |      | X<br>2 sessions<br>(16%) |

### Evaluation of Awareness Sessions with Schools

Evaluation of 12 awareness sessions conducted with students at secondary and community high schools, showed that participation was rated as excellent at 3 sessions, very good at 5, good at 2 and poor at 2. Understanding of topics presented was rated as excellent at 2 sessions, very good at 8 and good at 2. Facilitation of the sessions was rated as excellent at 1, very good at 4, good at 3, there was no assessment of this area at 4 of the sessions. The sessions overall were rated as excellent at 3, very good at 4 and good at 3, there was no assessment of this area at 2 of the sessions. \*

### Feedback on Awareness Sessions held at Schools

- **South Ruimveldt Secondary –**
- **Houston CHS –** A total of 6 sessions were conducted with students at this school. During the session on TIP the entire student body was present but the teachers were absent, as such it was extremely difficult to command the undivided attention of the students but the facilitator did her best under the circumstances.

During the session on the effects of alcohol on teenage pregnant mothers participation was generally poor. Feedback showed that the majority of participants had drunk some alcohol. Due to time constraints it was not possible to deal extensively with this topic.

On the topic of teenage pregnancy the session was very interesting session and the participation good. None of the students admitted to being sexually active even though two admitted to having sex previously. The girls disclosed that their partners never cease to touch their parts, kiss them or want to have sex with them. Students agreed that it was not possible to have a boyfriend for a long time and not have sex. Students were encouraged to concentrate on their studies as this gives them a better chance of achieving their aspirations and prevents unwanted pregnancy.

In discussing the issue of teenage pregnancy male students believed that this was the responsibility and problem of the girl. The boys said they do not have sex for babies, but they know that it is possible. One male student said if he loves the girl he would steal just to keep her and take care of the baby. He was encouraged to delay his first sexual encounter until he is emotionally mature to deal with his emotions and to make the right choices as a good education was the key to a successful future.

On the topic of relationships definitions of what are healthy or unhealthy relationships were discussed. The boys observed that educational/skills programmes are placing more emphasis on protecting girls

than boys. They were of the opinion that boys also need guidance when embarking on or starting a relationship. They admit with boys it is more challenging because boys think they know it all. The girls were shy and did not say much.

The last session focused on the topic of self. The students were asked to identify their greatest fear, what makes them happy/sad/angry and what they liked/disliked most about themselves. Self concept, self esteem and the Johari Window were also discussed. In discussing the concept of the 'hidden self' students said they found it very difficult to share their thoughts and feelings especially with their parents. Students were encouraged to call H&S if they ever need to talk or get help with a problem.

- **South Ruimveldt Sec.** – On the topic of TIP students were put into small groups and asked to identify; what is TIP, causes of TIP and persons who are vulnerable to TIP. Reports from the groups were excellent. The different forms of TIP present in Guyana were also discussed.

In discussing the topic of alcohol use, out of 43 students 39 admitted that they had drunk alcohol which had been introduced to them by family members, friends or by themselves. Types of alcohol consumed were piwari, beer, rum. Students said that they only drank occasionally and none of them said they had ever consumed so much alcohol as to get drunk. The four students who had never taken alcohol were commended and the others were encouraged to abstain, seek counselling if they have any difficulty in quitting, avoid the company of friends/peers who were regularly consuming alcohol and not to allow themselves to be pressured into taking alcohol even by their parents.

- **Covent Garden Sec.** – Four sessions were completed with this school during this month. In discussing TIP, causes, forms of TIP and factors making person vulnerable to TIP in the Guyana context were discussed in detail. Students shared stories they heard from men, boys and girls who left the coastland and ventured into the interior. Some students also made the observation that Amerindian girls are exploited in Georgetown and the East Bank.

During the discussion on healthy/unhealthy relationships the male students talked candidly about their relationships which were mostly unhealthy. One boy shared an experience in which after borrowing a male friend's cell phone to call his girlfriend this fellow student later called the same girl, told her "nasty things" about her boyfriend which resulted in her ceasing all communication with her boyfriend and dating the latter. Another boy related that last Christmas he had a fight with another boy because he danced with his girlfriend. The facilitator did a relationship quiz with the students and said it was an eye opener. Due to time constraints the sessions were not fully completed.

- During the session on alcohol the participation was superb and commendable, students were truthful and open. Participants admitted to taking alcohol, mostly occasionally, one student was introduced to alcohol by his brothers, another set by their parents while others were influenced by friends, two participants drank rum while others drink beers. Participants expressed the difficulty they have in stopping their use of alcohol. Participants also felt that it is difficult to stop drinking alcohol especially for alcoholics and they would get sick, have withdrawal symptoms, if they suddenly stopped alcohol and would need professional services to stop drinking. Other issues discussed include what is alcohol, effects.
- On the topic of teenage pregnancy male students said in some cultures the boy is forced to marry the girl if he is the father. It was their view that the effects of teenage pregnancy on boys results in them becoming violent and abusive. The facilitator stressed that males should be taught and encouraged to talk about and express their feelings.

During the session on teenage pregnancy with female students the majority of students indicated that they had a boyfriend but were not sexually active. They however admitted that their boyfriends would make attempts to touch sensitive part of their bodies but never attempted sex. Female students were unaware of their blood group.

- **Leguan Sec.** – Four sessions were done with this school during the month. In discussing drug abuse, during the first session, students shared experiences of alcohol abuse among family members. Each student had a family member or friend who abused alcohol.

During the discussion on anger management students were very outspoken and welcomed the information shared especially on how to deal with anger issues. Students requested additional session in the new school term.

In discussing suicide, students were given information on how to identify a suicidal person and what can be done to assist such a person. Students agreed that they all have suicidal thoughts at times, they were encouraged not to entertain such thoughts but if something is affecting them they should confide in someone or seek counseling knowing that any problem despite what it is can be overcome. Students were also given information on depression.

On the follow up session on substance abuse definitions of various drugs and their effects on the body were discussed, a lengthy period was spent discussing marijuana since students were very interested in the learning about this drug and its effects. A few students disclosed that they have tried marijuana. However there is a serious problem with alcohol use among the student population, all the boys disclosed that they were in the habit of consuming alcohol and 55% of the girls admitted to consuming alcohol also. The H&S facilitator was also told by a shop attendant not far from the school that many of the students purchased alcohol during school hours from a shop nearby which they would transfer in soda bottles to disguise it. The effects of alcohol on the body and one's health were shared with the student.

- School of the Nations - Participants enjoyed the way the information was presented and participated fully in group work and discussions, forms of child abuse were discussed along with possible long term effects, participants were also shown how our gender development is affected as early as birth and this effects our adult life and relationships Finally the cycle of violence was discussed and persons were shown how suppressed emotions contributes to the violent acts among couples, participants were reminded of the number of women killed by their male counterparts over they years and how they can protect themselves from same. Participants were encouraged to share the information with others and to report issues of abuse because of the effects on the individual.

#### NGO/AGENCIES/ COMMUNITY OUTREACH/REGIONAL WORKSHOPS

| NGO, Agencies, Community Outreach/ Regional Workshops  | Region | Topic                           | Date                      | # of Persons |    | Age   | Time  | Pub Ed Officer |
|--|--------|---------------------------------|---------------------------|--------------|----|-------|-------|----------------|
|  |        |                                 |                           | F            | M  |       |       |                |
| FACT   | 6      | DVA & DV                        | 11 <sup>th</sup> November | 10           | 3  | 19-35 | 1 day | Karen G.       |
| Comforting Hearts                                      | 6      | Child Abuse                     | 16 <sup>th</sup> November | 23           | 10 | 13-18 | 1 day | Karen G.       |
| Transitional House (Youth Group) TTH                   | 6      | Anger Management, Peer Pressure | 17 <sup>th</sup> November | 10           | 4  | 12-18 | 1 day | Karen G.       |
| Bell West (UN Low Income Housing project Female Group) | 2      | DV & DVA                        | 15 <sup>th</sup> November | 15           |    | 18-35 | 1 day | Karen G.       |
|  | 2      | Alcohol & The                   | 20 <sup>th</sup> November | 18           |    | 18-35 | 1 day | Karen G.       |

|                   |   |             |                           |           |           |  |                        |          |
|-------------------|---|-------------|---------------------------|-----------|-----------|--|------------------------|----------|
|                   |   | Family, DV  |                           |           |           |  |                        |          |
| Georgetown Rotary | 4 | Child Abuse | 31 <sup>st</sup> November | 4         | 14        |  | 1 hr                   | Kevin M. |
| <b>TOTAL</b>      |   |             |                           | <b>80</b> | <b>31</b> |  | <b>5 days<br/>1 hr</b> |          |

### NGO/AGENCIES/REGIONAL WORKSHOPS

During this month Help & Shelter public education officers facilitated 4 1 day workshops and 1 awareness session focused on DVA, DV, Child Abuse, Anger Management, Peer Pressure and Alcohol & the Family. A total of 93 persons 80 females and 31 males benefited from these workshops.

### EVALUATION OF NGO/AGENCIES/REGIONAL WORKSHOPS

| NGO/Agency  | Evaluation                           | Excellent                          | Very Good | Good | Fair | No Response |
|---|--------------------------------------|------------------------------------|-----------|------|------|-------------|
| FACT, Comforting Hearts, TTH Youth Group, Bell West, Female Group | How would you rate participation?    | <b>X<br/>5 sessions<br/>(100%)</b> |           |      |      |             |
| “ “ “   | Participants understanding of topics | <b>X<br/>5 sessions<br/>(100%)</b> |           |      |      |             |
| “ “ “   | Facilitation of sessions             | <b>X<br/>5 session<br/>(100%)</b>  |           |      |      |             |
| “ “ “   | Rating of overall sessions           | <b>X<br/>5 sessions<br/>(100%)</b> |           |      |      |             |

### Evaluation of Awareness Sessions with NGOs/Agencies

Evaluation of 5 sessions conducted with NGOs, showed that participation, understanding of topics, facilitation, and the session overall were all rated as excellent.

### Feedback from NGO & Agencies

- **FACT-** Information shared on DV and the DVA was welcomed due to the many reports of DV being received.
- **Comforting Hearts** – This 1 day workshop was held to mark Child Protection Week with students from secondary schools in Berbice. Teachers from the schools present requested more sessions.
- **TTH Youth Group** – As a result of this workshop a drama groups was formed. Additional awareness sessions were requested.
- **Bell West** – The majority of participants had never heard of the DVA and welcomed the information shared on this topic. More sessions were requested by the group.
- **Region 2, Women’s Group** – The group welcomed the information shared on alcohol and its effects on the family and anger management as they were all able to relate to these two topics.