

HELP & SHELTER
UNIFEM GBV PROJECT M&E REPORT – OCTOBER 2009

School	Region	Topic	Date	# of Persons		Age	Time	Pub Ed Officer
				F	M			
South Ruimveldt Sec.	4	Anger Management	2 nd October	47	26	13-18	45 min	Johnson O.
		Domestic Violence	16 th October	47	21	13-18	45 min	Johnson O.
		How to Reduce DV	23 rd October	42	18	13-18	45 min	Johnson O.
Houston CHS	4	Domestic Violence	5 th October	45	27	12-18	½ hr	Johnson O.
		DV Causes	12 th October	54	32	13-18	½ hr	“
		How to Reduce DV	19 th October	49	38	12-18	½ hr	“
Covent Garden Sec.	4	Domestic Violence	7 th October	18	4	13-18	½ hr	Johnson O.
		DV Causes	14 th October	39	7	13-18	½ hr	Johnson O.
		How to Reduce DV	21 st October	32	8	13-18	45 min	“ “
Leguan Sec.	3	Child Abuse	13 th October	22	15	13-18	2 hrs	Kevin M.
		Child Abuse	13 th October	19	10	14-17	1 ½ hrs	Karen G.
		Teenage Pregnancy	20 th October	24	18	13-18	2 hrs	Kevin M.
		Teenage Pregnancy	20 th October	20	9	13-18	1 ½ hrs	Karen G.
		Teenage Pregnancy	27 th October	24	15	13-18	2 hrs	Kevin M.
		Substance Abuse	27 th October	18	10	14-17	1 hr	Karen G.
Ketley Primary	4	Be Safe Programme	2 nd October	25	21	6-12	1 hr	Julian H.
TOTAL				525	279		16 ½ hrs	

Schools

During this month a total of 16 awareness sessions on anger management, domestic violence, child abuse, teenage pregnancy, substance abuse and safe and unsafe behaviour were held with students at 3 secondary schools, 1 community high school and 1 primary school. A total of 804 students, 525 females and 279 males benefited from these sessions which lasted from 45 minutes to 2 hrs.

EVALUATION OF AWARENESS SESSIONS AT SCHOOLS

NGO/Agency	Evaluation	Excellent	Very Good	Good	Fair	No Response
South Ruimveldt Sec, Houston CHS, Covent Garden Sec, Leguan Sec, Ketley Primary	How would you rate participation?	X 2 sessions (13%)	X 6 sessions (40%)	X 6 session (40%)	X 1 session (7%)	
	Participants understanding of topics	X 2 sessions (13%)	X 6 sessions (40%)	X 7 session (47%)		
	Facilitation of sessions	X 3 session (20%)	X 4 sessions (27%)	X 8 session (53%)		
	Rating of overall sessions	X 2 sessions (13%)	X 7 sessions (47%)	X 6 session (40%)		

Evaluation of Awareness Sessions with Schools

Evaluation of 15 awareness sessions conducted students at primary, secondary and community high schools, showed that participation was rated as excellent at 2 sessions, very good at 6, good at 6 and fair at 1. Understanding of topics presented was rated as excellent at 2 sessions, very good at 6 and good at 7. Facilitation of the sessions was rated as excellent at 3, very good at 4 and good at 8. The sessions overall were rated as excellent at 2, very good at 7 and good at 6.

Feedback on Awareness Sessions held at Schools

- South Ruimveldt Secondary** – At the first session, issues discussed included tips on what not do when angry, anger management counselling, effects of anger, forgiveness, mediation and saying sorry. Participants admitted that they get angry and had experienced terrible things being done to them in the past and as such it would be difficult to forgive and forget. They were reminded that lack of forgiveness can lead to stress or stress related illnesses and temper problems, fear, lack of concentration, sleeplessness and emotional problems and that forgiveness leads to freedom of mind.

The two other sessions focused on DV, causes and how to reduce it. The definition of DV, when, where, and who it can affect, victims and perpetrators were discussed with participants. Causes of DV were also outlined. Participants admitted to verbally abusing others, many of them also said they watched violent films and some of them especially the females still held to the view that they would respond violently to any male who attempted to abuse them in any way.

- Houston CHS** – At the first session issues discussed include definition of DV, forms, where, how and when it occurs, who are victims and who are perpetrators. Students related that they were experiencing domestic violence related problems. They were encouraged to report case of DV. At the second and third sessions causes of DV as well as alcohol & drugs, infidelity, violence in home & environment, peer pressure and gender discrimination etc were discussed. Almost half of the participants admitted to using alcohol some of them said that small quantities of alcohol were given to them by their parents. Some students also said they used indecent language. After the session the facilitators spoke privately to

the children who were drinking encouraging them to abstain from this. Some promised to abstain others felt it would be very difficult to stop drinking altogether.

- **Covent Garden Sec.** – Causes or factors leading to DV were discussed these included substance abuse, Peer pressure, gender discrimination, neglect, poor communication, abusive partner, financial problems. Participants admitted to alcohol use and it was observed that some parents introduce their children to alcohol at a young age. Ways of reducing DV such as reporting the abuse, counselling, anger management, abstaining from alcohol and drugs, being faithful to one's partner were also discussed with students at the second session.
- **Leguan Sec.** - The students did not possess basic knowledge of child abuse however they did indicate a desire to gain information. Definition, forms, causes, signs and prevention of child abuse were discussed. Students were also given brochures and encouraged to access the school's library and read whatever literature is available so as to increase their knowledge. Based on a question asked at one of the questions it would appear as if some of the students are already sexually active.

In discussing teenage pregnancy it was observed the students need a lot of information on this topic. A Definition of TP, contributing factors, health risks and effects were discussed. Students were reminded of the importance of abstinence and how this will aid in allowing them to recognize their dreams and aspirations. Students were asked to name some of the contraceptive methods to prevent TP, to which they replied that they did not know what contraceptive means. After they were informed that a contraceptive is anything that can be used to prevent pregnancy or STI's/HIV; their reply was that they did not know. The facilitator was not sure whether this is a fact or they were shy/ashamed to say. The different methods of contraception were highlighted, but it was stressed that abstinence was the best and safest method especially for students.

At the third session a homework assignment (Life with a baby) from the previous week was collected and discussed, eight out of 42 persons completed at least 75% of the questions. When asked why the others did not do it, responses were that they cannot ask their parents such questions, while others just did not do it. However, based on what was received many of the students had no idea of what it cost to raise a child. Issues of gender and sexual abuse were also discussed, feedback indicated that all males wanted virgins for wives. Students were advised that they should be willing to give what they expect to get and stressed the girls' expectations of their male counterparts to further emphasize abstinence. During the session some of participants became very emotional. At the close of the session, most of the male participants expressed gratitude for the information shared which was not expected. Drugs and alcohol were also discussed with another class of 4th Form Students.

- **Ketley Primary** – In discussing the experience of seeing someone you care about being the students felt that for this violence is in the household to take place it has to be based on consent by the other person(s).

NGO/AGENCIES/ COMMUNITY OUTREACH/REGIONAL WORKSHOPS

NGO, Agencies, Community Outreach/ Regional Workshops	Region	Topic	Date	# of Persons		Age	Time	Pub Ed Officer
				F	M			
Women Across Differences, WAD	4	Anger Management	5 th October	23		12-18	2 hrs	Kevin M.
		Child Abuse	1 st October	13		19-55+	2 hrs	Kevin M.
Transitional House (Youth Group) TTH	6	Teenage Pregnancy	17 th October	12	3	13-18	2 hrs	Karen G.
		Child Abuse & Substance Abuse	24 th October	18	3	“ “	2 hrs	Karen G.
Help & Shelter	4	Leadership	7 th October	11	2	27-55+	4 hrs	Kevin M.
MEN Empowerment Network	4	Anger Management/Conflict Resolution	9 th October				3 hrs	Kevin M.
Comforting Hearts	6	DV, DVA	28 th October		5		5 hrs	Karen G.
Bell West		DVA & Substance Abuse	31 st October	14	3	18-35	5 hrs	Karen G.
TOTAL				91	16		25	

NGO/AGENCIES/REGIONAL WORKSHOPS

During this month Help & Shelter public education officers facilitated 8 awareness sessions of 2-5 hrs duration focused on Anger Management, Conflict Resolution, Child Abuse, DV, DVA, Teenage Pregnancy, Leadership and Substance Abuse. A total of 107 persons 91 females and 16 males benefited from these awareness sessions.

EVALUATION OF NGO/AGENCIES/REGIONAL WORKSHOPS

NGO/Agency	Evaluation	Excellent	Very Good	Good	Fair	No Response
WAD, TTH, H&S, MEN, Comforting Hearts, Bell West	How would you rate participation?	X 4 sessions (57%)	X 1 sessions (14%)	X 2 session (29%)		
“ “ “	Participants understanding of topics	X 4 sessions (57%)	X 2 sessions (29%)	X 1 session (14%)		
“ “ “	Facilitation of sessions	X 3 session (43%)	X 3 sessions (43%)	X 1 session (14%)		
“ “ “	Rating of overall sessions	X 3 sessions (43%)	X 3 sessions (43%)	X 1 session (14%)		

Evaluation of Awareness Sessions with NGOs/Agencies

Evaluation of 7 awareness sessions conducted with NGOs, showed that participation was rated as excellent at 4 sessions, very good at 1 and good at 2. Understanding of topics presented was rated as excellent at 4 sessions, very good at 2 and good at 1. Facilitation and the sessions overall were rated as excellent at 3, very good at 3 and good at one.

Feedback from NGOS & Agencies

- **WAD** - Participants were informed of issues related to ill-treatment of children and consequences of violent acts against children, whether physical, emotional or sexual. Different types of behaviours of some children and to deal with such occurrences were also discussed. Participants disclosed some cases of women being sexually abusive to children, one particular incident involve a teenage girl who was forced to perform oral sexual acts on her stepmother during her menstrual period. This disclosure was met with both disgust and disbelief by participants who had varying opinions on the issue. The facilitator used the opportunity to point out the seriousness of this issue and the fact that many other children are victims of similar situations, many of them remaining silent because of fear, guilt, shame etc. Participants were reminded that we all have a part to play in alleviating child abuse and that believing children when they report is a first step. After the session one mother reported that her 18 year old son abuses drugs and she needs help for him. She was told of the possible rehab agencies that provide such assistance.

The second session was done with teenage mothers who are having problems dealing with their anger and as a result are having problems in their relationships with their partners, parents, siblings and their children. Some persons shared reasons for their anger. One participant related that she gets angry very easily for very little things but have no idea why. Participants were informed that anger can range from mild to severe depending upon the situation, also that anger can be deeply rooted; a situation we cannot readily put our hands on like a bad experience in our childhood. Participants were given info on how to manage their anger, also to identify the sources of their anger when they are angry since this would help in dealing with the problem. They were also told of health issues cause by anger particularly when suppressed and other effects. They were also reminded that they are in control of themselves and should try as hard as they can to maintain that control. The session was necessary since prior to it there was a fight between to of the members of the group and the anger expressed by both parties which almost resulted in serious injury.

- **Help & Shelter** – At the 1 day training with staff on leadership development, persons were informed of the leadership framework, leading versus managing, elements of leadership and management and developing a challenge model.
- **MEN** - Sessions were conducted with members of MEN on the topics of anger management and conflict resolution. Over 100 men attended the seminar
- **TTH Youth Group** – The topic discussed was teenage pregnancy. The youth addressed the effects of teenage pregnancy on both the teenage girl as well as the teenage boy. Participants also role played some of the ways to prevent teenage pregnancy which included getting youth involved in sport and games and joining youth groups. During the 2nd session on child abuse and substance abuse participants from the youth group shared their experiences of child abuse and a few also shared their use of drugs or alcohol.
- **Bell West** – After the session on DVA and substance abuse participants thanked the facilitator for sharing information on both topics with them.