

**HELP SHELTER  
UNIFEM GBV PROJECT**

**REGION 3 WORKSHOP – SANS SOUCI, WAKENAAM – 21<sup>st</sup> JULY 2009**

**PARTICIPANTS' EVALUATION**

**Participants:** Seventeen participants, all females, filled out evaluation forms. All were between the ages of 14 -18 years.

**Aim of the Workshop:** Participants expressed in their own word the aim of the workshop as follows:

- To gain knowledge about domestic violence against women
- To educate society about different types of abuse and how to protect themselves and others against this abuse
- To help young people make the right choices and take the right steps
- To promote a better way of life
- To build our self esteem
- To stop violence against women

**Topics covered:** Self, Gender, Domestic Violence, Child Abuse, Child Sexual Abuse

**Participants' Evaluation**

Participants in their evaluation of the workshop indicated an overwhelming 100% success in achieving the aim of the workshop, understanding information presented, learning new ideas and skills and in the way the workshop was facilitated. 94% of all participants also indicated that they had gained new knowledge about self and gender, increased their understanding of domestic violence and thought the venue of the workshop was definitely good. A further 88% of participants also felt that the activities helped them to think about topics in a new way and 76 % of participants agreed that the workshop helped them to increase knowledge and understanding of child abuse including child sexual abuse.

**Analysis of Workshop Sessions by Participants**

	<b>Yes, Definitely</b>	<b>Somewhat</b>	<b>No, Not at All</b>	<b>No Response</b>
Do you think the aim of the workshop was achieved?	<b>100%</b>			
Was information presented in a way you could understand?	<b>100%</b>			
Did you learn new ideas or skills?	<b>100%</b>			
Did you gain new knowledge & understanding about Self & Gender?	<b>94%</b>			<b>6%</b>
Did you increase your understanding about Domestic Violence?	<b>94%</b>			<b>6%</b>
Did the workshop increase your understanding & knowledge about child abuse & child sexual abuse?	<b>76%</b>	<b>24%</b>		
Did you activities help you to think about topics in a different way?	<b>88%</b>	<b>6%</b>		<b>6%</b>
Did you like the way the workshop was facilitated?	<b>100%</b>	<b>4%</b>		
Did you think the venue for the workshop was good?	<b>94%</b>	<b>6%</b>		

**Participants' favourite part of workshop:**

- Child abuse
- Sexual abuse and rape

- Self esteem and abuse
- Web of abuse and cycle of abuse
- Enjoyed the entire workshop and gained a lot of knowledge
- Learning about DV and how to encourage people to stay away from this
- Interacting with participants
- Being able to ask any question relating to topics discussed at the workshop

**Participants' least favourite part of the workshop:** The majority of participants said they enjoyed the entire workshop or did not respond.

The other participants identified the following:

- Just sitting for long periods
- Participants did not get to do more activities or get more involved
- The anatomy of the mind

**Ways in which participants will use knowledge gained in this workshop:** Participants said they would share this knowledge with others including family, friends, and community. Others identified the following:

- Reading and finding out more information about what we have learnt
- Share knowledge with people who are being abused and encourage them to take notice about DV
- Speak out against the negative effects of DV and the causes and consequences of abuse and violence
- Put knowledge learnt into practice

**How to prevent domestic violence in your community:**

- Educate women about domestic violence so that they could know how to deal with this issue
- Sharing information with others and addressing violence in a timely manner
- Talking to abusers and assure them that there is a way to prevent DV
- Hold frequent workshops to educate persons on DV and enforce strict penalties on abusers
- More workshops, conferences, TV shows and posters on DV
- Helping people who are being abused
- More laws to protect women. Educating women on their rights and privileges
- Religious counselling
- More counselling in the communities
- Have respect and love for your partner

**How to prevent child abuse & child sexual abuse in your community:**

- The community needs to look out for the little children and children need to speak out
- I would support the children who are being abused in my community and give them information so they can get help from Help & Shelter
- Put persons who abuse children behind bars or in prison for at least 15 years
- Strict penalties! People should know who are past abusers in order to protect their children from them
- Government and Police should do their part by doing background checks on people who commit offences and make it known to society
- Parents should counsel their children whenever they do wrong things so children can grow up without being abusive themselves
- More workshops so more young people can be informed about the topic
- Have counselors in the area to help counsel persons in abusive relationships
- Educate people so they can identify the signs of abuse and know how to deal with it
- Parents should talk to their children about the dangers of child abuse and child sexual abuse
- Teach children about their body parts and how these should be used
- Teaching children about child abuse so they can be aware of the consequences of this