

**HELP & SHELTER**  
**UNIFEM GBV PROJECT M&E REPORT - AUGUST 2009**

**TV STATIONS**

TV Station	Topic	Date	Time	Pub Ed Officer
Channel 102	What is Addiction	6 <sup>th</sup> August	1 hr	Karen G.
<b>TOTAL</b>			<b>1 hrs</b>	

Our outreach public education activities continued at Channel 102 in Georgetown. There was one hour long programme on the topic – Addiction. 2 persons are presently in rehab centres and 3 family members are receiving counselling as a result of the airing of this programme.

**RADIO STATIONS**

No radio programmes were done during the month

**HEALTH CENTRES**

Health Centres	Region	Topic	Date	# of Persons		Age	Time	Pub Ed Officer
				F	M			
Mocha	4	DV & Infidelity	5 <sup>th</sup> August	21	2	18-55	1 hr	Johnson O.
La Grange	3	Child Sexual Abuse	3 <sup>rd</sup> August	16		19-35	1 hr	Genevieve P.
		DV	10 <sup>th</sup> August	15	2	18-55	1 hr	Genevieve P
		DV-Causes	11 <sup>th</sup> August	12		19-55	1hr 10 min	Genevieve P
		Violence Against Women	25 <sup>th</sup> August	15		19-55+	1 hrs	Genevieve P
Leonora Cottage Hospital	3	DV	7 <sup>th</sup> August	24	3	18-55	1 hr	Johnson O.
		Self	14 <sup>th</sup> August	20	3	18-55	1 hr	Genevieve P
		Parenting	21 <sup>st</sup> August	20		18-55+	1 hr	“ “
		Understanding Gender	28 <sup>th</sup> August	21		18-55	1 hr	“ “
Windsor Forest	3	Child Abuse/DV	17 <sup>th</sup> August	14	3	19-55	1 hr	Genevieve P.
		Violence Against Men	24 <sup>th</sup> August	20	2	19-55+	1hr 10 min	“ “
Parika	3	Domestic Violence	18 <sup>th</sup> August	28	10	18-55+	1 hr 15min	Genevieve P
Goed Intent	3		27 <sup>th</sup> August	25	9	18-55+	1 hr	Genevieve P.
David Rose	4	DV & Infidelity	17 <sup>th</sup> August	42	2	18-55	1 hr	Johnson O.
<b>TOTAL</b>				<b>293</b>	<b>36</b>		<b>14 hrs 35 min</b>	

## Health Centres

Six (6) health centres were visited during the month in Region 3 & 4 and 1 cottage hospital in Region 3. During these visits a total of 14 awareness sessions lasting between 1 hr 15 min – 1 hr were held on self, gender, domestic violence, infidelity, violence against women, violence against men, parenting, child abuse and child sexual abuse. A total of 329 persons, 293 women and 36 men, between the ages of 18 and 55+ benefited from these awareness sessions.

### EVALUATION OF HEALTH CENTRES

Health Centres	Evaluation	Excellent	Very Good	Good	Fair	Poor	No Response
La Grange Mocha, David Rose,, Leonora Hospital, Windsor Forest, Goed Intent, Parika	How would you rate participation?	X	X 12 session (86%)	X 2 sessions (14%)			
“ “	Participants understanding of topics		X 12 session (86%)	X 2 session (14%)			
“ “	Facilitation of sessions			X 3 session (21%)			X 11 sessions (79%)
“ “	Rating of overall sessions		X 12 session (86%)	X 2 sessions (14%)			

### Evaluation of Awareness Sessions at Health Centres

Evaluation of 14 of the sessions conducted at 6 health centres and 1 hospital indicated that participation, understanding of topics presented and the overall rating of the sessions were very good at 12 and good at 2. Facilitation of the sessions was assessed as good at 3 and there was no response to this question at 11 of the sessions.

### Feedback from Health Centres

- Mocha HC** – Participation at the session was good. Reasons given for the problems of domestic violence and infidelity include the cost of living- participants said that due to the high cost of living people are resorting to extra marital affairs as a means of supplementing their income. Limited jobs and lack of employment were also seen as a cause of infidelity as people find other ways to meet some of their basic needs. Poverty also made it difficult for persons to make end meet so many women were looking outside of the home for sugar daddies. Economic insecurity and the threat of external aggression were also cited by women as reasons for infidelity. Other issues discussed include violence in the home, self control, sexual dissatisfaction, care, affection and trust. Participants were encouraged to end extramarital affairs, be faithful to their partners and report incidences of domestic violence.
- La Grange HC** – Four awareness sessions were held at this health centre this month. At the first sessions the topic of child sexual abuse was discussed. One participant related a personal experience in which she sent her 13 year old daughter with her partner in his car to buy some items. When her daughter returned, she reported that she was told not to tell her mother any of what she and her mother’s partner had discussed in the car. Immediately the woman said she packed the man’s things and told him to leave telling him that he was preparing her daughter for sex and before she killed him he should go. Another young woman reported that the Assistant Pastor living next door to her has been sexually molesting his step daughter for years and she believes that the mother is aware of this. One day the child came to her for ‘whitfield lotion’ because she had a rash on her vagina. The woman asked her to show

her the rash and the child said that the Assistant Pastor looks after it. The child was asked to repeat what she said but left instead.

A 27 year old woman wants an abortion, her child father verbally abuses her, she told her elder sister, but the sister advised her to stay because of the financial support. A few days ago she had to escape and has since been in hiding because he is planning to “beat the crap out of her”

A wife said her husband is unfaithful and he refuses to wear a condom. Every week she has to visit the doctor for some form of vaginal infection. Now he wants to introduce kinky sex to her bed which she has refused to be a part of. He claims that if she is not performing her wifely duties then someone else has to.

At the second session participants spoke about the recent murders and commented on the fact that some woman love men so much that even though they are abused they often remain until they are killed or die. Some thought that such women are stupid for doing this.

At the third session in which the causes of domestic violence were discussed, one participant identified unfaithfulness (blow) as a serious issue. Her neighbor who is 57 said her husband has to get blow because she is tired of the one “penis” for 30 years. Other comments include letting one’s partner know when they are cheating rather than nagging about the situation. Another reason given for DV is alcohol abuse, persons are of the opinion that quarrels and murder stems from alcohol abuse.

At the last session held, a mother said her husband beats her in the presence of their children and her son beats his smaller sister and the father encourages it. One day when she beat the child the father called the police, she explained what the situation was and the police warned the husband, he has since changed his behaviour.

Another woman reported that her boyfriend was very nice to her until they got married. Then his attitude changed and he told her to stop visiting her parents, friends and even Church. She was even forced to leave her job. Finally she left the home and never returned.

Another woman said her mom had 9 children and her father beat her mother every chance he got. One day when the children were older, their father attacked their mother and they all beat him. After that day he has never beat their mom again.

- **Leonora Cottage Hospital-** At the first of the 3 sessions held, participants felt that to solve domestic violence problems; husbands and wives should communicate better with each other, be faithful to each other, avoid using indecent languages and calling each other names, report cases of domestic violence immediately and refrain from physical abuse. Participants also felt that parents should believe their children’s reports of sexual abuse and molestation. The causes of domestic violence identified by participants were drug and alcohol abuse, unemployment, financial constraints, lack of morals, irresponsibility, agreement on how money should be spent and sex were identified

At the second session on Self one woman spoke about a friend of hers who had received assistance from Help & Shelter for a domestic abusive relationship she was involved in. The woman divorced her husband who was abusive but has since returned to him and the abuse has intensified. She said her friend has low self esteem even though she has a very good job. Her friend told her that she loves her husband and knows he is capable of changing. The questions asked about self were found to be very soul searching.

At the third session held at the Leonora Cottage Hospital A young woman spoke of her problems with her stepmother, she disclosed that she tries her very best to win her stepmothers affection but the more she tries the more her stepmother hates her. Another woman said that her friend’s daughter was beaten until she was black and blue by her mother’s partner, he does not want the child to live with them but the mother refuses to send the child to her father.

A seventy-six year old man is very sick, his wife believes he is HIV positive because of his reckless lifestyle. The wife says that her husband never gave her money and she was forced to work and care for her children by herself. Her adult children are begging their mother to go and care for their father but she has refused and believes that he should pay for his sins.

- **Windsor Forest HC** – During the session on violence against men one young man’s story was shared. He married the love of his life but his wife left him for a wealthier man and has since been summoning him for child support. Every time the man gets a new job he is taken back to court for an increase. The man said he is fed up and is thinking of putting an end to the harassment.
- **David Rose HC** – The discussion was based on the causes of violence and infidelity. Participants identified men desiring a change of partner/relationship for no good cause, lack of love, lack of money, and men not taking up their responsibilities as causes of infidelity. Participants identified the breakdown in communication, nagging, frustration, lack of love, verbal abuse and infidelity as some of the causes for domestic violence. Information on Help & shelter and services offered was also shared.
- **Parika HC** – The session was very interactive The participants were very interactive and even though the room was small, persons stood at the windows and door to listen. In discussing domestic violence some participants said women stay in abusive relationships because of children, others for financial support
- **Good Intent HC** – During the session one woman spoke of having a relationship with a married man who beats her, she wanted to know if that is right. Another woman said both her daughters are in abusive relationship but claim they love their partners and would not listen to her. One woman said the many of the women if not all of the women present are in abusive relationships but are ashamed to speak about this.

The Medex was grateful that someone from Help & Shelter had visited their HC. He said that he does some amount of counselling with the women on their clinic days as there is no one else for them to speak to. He said for some of the women this is the only time they can leave the home and there are mothers who have to leave early to get back home before their partners return.

## NGO/AGENCIES/ COMMUNITY OUTREACH/REGIONAL WORKSHOPS

NGO, Agencies, Community Outreach/ Regional Workshops	Region	Topic	Date	# of Persons		Age	Time	Pub Ed Officer
				F	M			
Help & Shelter Volunteers	4	Be Safe Programme (Facilitator Training)	8 <sup>th</sup> August	15	4	19-55	6 hrs	Julian H Linda H.
			22 <sup>nd</sup> August	13	2	“ “	6 hrs	“ “
Anna Regina Church Group	2	Substance Abuse & DV	11 <sup>th</sup> August	40	15	13-35	5 hrs	Karen G.
T.T.H. N/A, Berbice	6	Child Sexual Abuse, Substance Abuse, DV	12-13 <sup>th</sup> August	21	7	16-35	2 days	Karen G.
Scouts Association	4	Cycle of Violence, Child Abuse, DV, Sexual Abuse	11-13 <sup>th</sup> August	122	64	18-55	3 days	Kevin M.
Youth Group. N/A, Berbice	6	DV, Alcohol Abuse, HIV/AIDS	14 <sup>th</sup> August	12	1	13-18	4 hrs	Karen G.
Cove & John Ashram	4	DV & Child Abuse	18 <sup>th</sup> August	42	16	12-18	2 hrs	Kevin M.
Good Intent OSY Group	3	Child Abuse, Self,	26-27 <sup>th</sup> August	15	8		2 days	Karen G.

		Gender, Substance Abuse						Kevin M.
Peace Corps	4	Overview of Be Safe Programme	28 <sup>th</sup> August	35	4	19-55	1 hr	Julian H.
<b>TOTAL</b>				<b>315</b>	<b>121</b>		<b>7 days 24 hrs</b>	

### NGO/AGENCIES/REGIONAL WORKSHOPS

During the month Help & Shelter public education officers facilitated 6 awareness sessions of 1-6 hrs duration focused on substance abuse, DV, HIV/AIDS, and be safe programme for children between the ages of 4-9. Three 1-2 day regional workshops were also held in Regions 6, 2 and 3. A total of 436 persons 315 females and 121 males benefited from the awareness sessions and workshops.

### EVALUATION OF NGO/AGENCIES/REGIONAL WORKSHOPS

NGO/Agency	Evaluation	Excellent	Very Good	Good	Fair	No Response
H&S Volunteers, Anna Regina Church Group, TTH N/A Berbice, Scouts Association, Youth Group N/A Berbice, Cove & John Ashram, Goed Intent OSY Group, Peace Corps	How would you rate participation?	<b>X</b> <b>5 sessions</b> <b>(56%)</b>	<b>X</b> <b>3 sessions</b> <b>(33%)</b>	<b>X</b> <b>1 session</b> <b>(11%)</b>		
“ “ “	Participants understanding of topics	<b>X</b> <b>3 sessions</b> <b>(33%)</b>	<b>X</b> <b>6 sessions</b> <b>(67%)</b>			
“ “ “	Facilitation of sessions	<b>X</b> <b>3 session</b> <b>(33%)</b>	<b>X</b> <b>6 sessions</b> <b>(67%)</b>			
“ “ “	Rating of overall sessions	<b>X</b> <b>4 sessions</b> <b>(44%)</b>	<b>X</b> <b>5 sessions</b> <b>(56%)</b>			

### Evaluation of Awareness Sessions with NGOs/Agencies

Evaluation of 6 awareness sessions conducted with NGOs, showed that participation was rated as excellent at 3 sessions, very good at 2 and good at 1. Understanding of topics presented, facilitation and the sessions overall were all rated as excellent at 2 and very good at 4 session.

### Feedback from Awareness Sessions with NGOs/Agencies

- **Be Safe Programme-** At the two day facilitator training for Help & Shelter volunteers 98% of participants' expectations were met and the sessions were received well based on participation and the interactive discussions.
- **Anna Regina, Church Camping Group** – The group enjoyed the role plays and was very interested in the topic substance abuse and its effects on the family. It is hoped that further sessions on different social issues will be done with this youth group.
- **Youth Group N/A, Berbice-** Thirteen youth benefited from discussions on DV, alcohol abuse and HIV/AIDS as requested. All the youth in this group are also receiving counselling on the above topics.

- **Cove & John Ashram**- The sessions were very interactive, students participated fully in the exercises and group work and shared their views on the topics discussed. Coming out from the sessions, it was evident that many of the students witnessed abuse in their homes based on their comments and questions. Some of the male participants felt it was necessary to “beat” their wives if she was not fulfilling her duties. Many of the participants seemed to be very concerned about their partners being unfaithful, the ideas put forward and comments indicate that a lot of what they witness in their homes or among family members has to do with this topic. Participants were made aware of the effects of abuse and available services if they or someone they know is being abused.
- **Peace Corps**- Participants were very pleased to know that they can be trained to facilitate the Be Safe Programme for the prevention of child abuse and protection of children. They were anxious for training to start ASAP.
- **Scouts Association** – Sessions were done in groups over a three day period, each group benefitted from information presented on the topics, domestic violence, cycle of violence, child abuse, sexual assault and rape. Participants comprised of young people from several Caribbean countries who were very grateful for the information they received since the situation of violence is very similar in their respective countries. Many applauded the efforts of H & S in combating DV, participants collected brochures and posters to take back with them.
- **Berbice Transitional House** - The youths reported that they all enjoy the 2 day workshop. Participants shared their experiences of the effects of DV and substance on themselves:
  - 4 girls told of being hurt trying to save their mothers
  - 2 boys said that due to witnessing his father using alcohol and marijuana they are now themselves using drugs.
  - 2 females spoke about their suicide attempts also having unprotected sex at an early age
  - 3 of the females and 2 males are HIV positive
 Counseling and referral were done and participants asked that counselling be done in Berbice. The youth also announced that they will be forming a youth group in September 2009.

*(Please see separate report on workshop evaluations for more information )*

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